PHC

Newsletter

39TH PHC Anniversary Celebration

ISSUE NO. 1 March 2014



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RACE TO APEC 2015 Island of Good Governance

PHC HITS BREAKTHROUGH TARGETS by 97.5%: "BASTA HEART, HEART CENTER DAPAT!" CHALLENGE

- A. Increase in New Patients from 7000 to 9000 by Dec 2013: 8709 cases
- B. Increase in Client Satisfaction from 87% to 90% by Dec 2013:89.3%

The Performance Governance System (PGS), a management balance Scorecard tool for many national government agencies and local government units initiated by the Institute of Solidarity for Asia (ISA), has infected the Philippine Heart Center. The PHC Governance Strategy passed the Initiation Revalida of ISA governance panel at Edsa Shangrila Hotel last March 19, 2013. With the objective of aligning hospital targets with individual performance, rapid cascading sessions were conducted by the ISA led by Mr. Cris Zaens for all services – Medical Service, Nursing Service, and Administrative Service. All units drafted their unit breakthrough targets and Lead Measures and each of the scoreboards were plotted to directly or indirectly affect the 26 measures in the Balanced Scorecard on the following perspectives: Social Impact, People Empowerment, - Internal Process, Organization, and Fund Resources. In July 3, 2013, a hospital wide 73 UNIT Scoreboards Launching was conducted. The Office of Strategy Management (OSM) monitored weekly BT meetings and targets.

By the end of December 2013, 81% had winning scoreboards with more than 100% accomplishment and 14% with at least 90% accomplishment. The Department of TCVS hit target increase of Number of TCVS operations from 2344 cases in 2012 to 2477 cardiac surgery cases by December 2013 with 134% accomplishment. With the Cardiac missions done in Bicol and Cagayan De Oro last February 2013 and in Cambodia last December, Paediatric Cardiovascular surgeries increased to 678 cases by December 2013 from 512 cases in 2012. Overall surgical mortality rate target was likewise reached to an all-time low of 2.9%. The increase was largely contributed by the Philhealth Z-benefit cases done - with a total of 183 cases since its launch last February 2013. Thirty percent were Coronary Artery Bypass Surgery, and 67% were done in children with Tetralogy of Fallots and Ventricular Septal Defects. Around 50% of Z-Benefit patients were enrolled in No Balance Billing. (See page 6)

Message from the PHC 39th Anniversary Over-all Chair

By Dr. Aurora S. Gamponia

We just concluded a month-long celebration of the 39th Anniversary of the Philippine Heart Center, with the theme: "Pusong Nagmamahal, Pusong Kumakalinga, Handog ng PHC". The theme was in keeping with the mission of the Center, to serve with a loving and caring heart.

It was a resounding success with most everyone participating in one or more of the activities and expressing their satisfaction.

The organizing committee arranged a set of tailor-made and well-rounded program of events for everyone. For spiritual values enhancement, there were lectures on "The Eucharist and Biblical Roots of Marian Devotion", by catholic evangelist Prof. Thomas Smith. There were also the lectures on Family Life Symposium, Eucharistic Celebration and healing sessions on the occasion of the World Day of the Sick . For the scientific aspect, the PHC-Medical Alumni Society held its 25th Annual Symposium with the theme – "SOS: Standards, Other Concepts and Supplements"; the Vascular and Pulmonary Section also held a Workshop on Venous Thromboembolism Awareness; and the Wellness and Preventive Medicine Section organized a workshop with the theme: "Wellness in the Workplace". The department of Pediatric

Cardiology had its 9th Dr. Wilberto L. Lopez Honorary Lecture, with a pediatric cardiologist from the University of Cincinnati, Dr. Elaine M. Urbina, who talked on "Current Recommendations On Cardiovascular Risk Reduction among Children and Adolescent". The DETR also held the Annual Research Oral and Poster Presentation for the training fellows. Other activities planned by the Wellness and Sports Committee include the Lakad Puso, the Family Fun Day and the Bowling Tournament. The highlights of the anniversary celebration were the Incentives and Service Awards Program and the Employee's Program. The pediatric cardiology group joined forces in organizing the fundraising event: "Dance-A-Beat, Dance Marathon Contest, which was first in the history of the Institution. Since February is the heart month, love concerts at the lobby by invited guest performers and PHC talents also gave entertainment. Other activities are the Community Outreach at the Molave Youth Home and People's Day for patients.

It was indeed a busy but rewarding and fun-filled anniversary month.

I would like to thank all those who helped and supported this anniversary celebration of the Philippine Heart Center; the organizing committee chairs, co-chairs and members, the PHC Medical Alumni Society, our special guests, the different pharmaceutical companies, other sponsors and friends. I would also like to acknowledge the full force of the pediatric cardiology staff in ensuring that this will be a happy and memorable time for all. Most of all, our gratitude to the EXECOM and advisers for their support and guidance.

May the Lord continue to bless each one of us and our institution.



Message from the Executive Director

As the PHILIPPINE HEART CENTER celebrates its 39th Anniversary, we wish to thank all who have contributed to make the hospital what it is today.

We celebrate millions of PATIENTS and their families who have entrusted their health and their lives to PHC.

We recognize the MEDICAL, NURSING and ADMINISTRATIVE STAFF who have served and responded to evolving healthcare needs. We thank you for your commitment to the most advanced patient care and services and helping us ensure they are available to people across the country.

We thank our PARTNERS from all sectors for their invaluable support of our vision to lead the nation in Caring and Healing, in Teaching and Learning.

Our long term goal extends beyond keeping cholesterol and blood pressure down. Ours is a daily battle to save lives, to promote a good quality of life for every ordinary Filipino and to ensure the health of the heart and the future of our country.

The theme of our 39th Anniversary, "PUSONG NAGMAMAHAL, PUSONG KUMAKALINGA" (A Loving Heart is a Caring Heart), underscores our Core Value of COMPASSION: "Our patients shall know us not only for our expertise but also for our sensitivity and compassion. We try always to remember that our patients need not just cure but healing and nurturing. Their overall wellness is what we seek."

We are on our 39th Year of service, nearing almost four decades of excellent care, built on a commitment to our patients. CONGRATULATIONS to the Philippine Heart Center Family!

MANUEL T. CHUA CHIACO, JR., MD

Executive Director

PHC Team Goes International: Phnom Penh Heart Center Mission -The First in 39 Years

By Dr. Virginia Mappala

The Philippine Heart Center aims to provide compassionate and expert patient care to those

with cardiovascular disease, as well as to provide world-class education and training. Driven by this objective, the center always opens its doors to opportunities that will help enhance excellence in expert patient care delivery including the conduct of surgical missions- local and international.

Last February 14, 2013, during the 38th PHC Anniversary and Inauguration of the Expanded OR Complex: Hybrid OR and Pediatric Operating Room 8, our Institution was visited by Mending Kids International, Inc. Executive Director - Ms. Marchelle L. Sellers, and Ms. Caren Niewish - MKI Director for Surgical Missions. This visit allowed PHC to showcase our capability for international competitiveness; and the Asia-Pacific Heart Program Memorandum of Agreement was signed between the Philippine Heart Center and the Mending Kids International to expand patient care in cardiac surgery to other Asia-Pacific countries being helped by MKI, including Cambodia and Christmas Island. Then on April 2013, PHC was visited by Hearts Without Boundaries Founding Chairman and President - Mr. Peter Chunn and Dr. Lydda Luy - Pediatric Cardiologist from Angkor Hospital in Cambodia. A memorandum of agreement was subsequently signed by MKI and Hearts Without Boundaries Foundation together with Calmette Hospital in Phnom Penh, Cambodia for cardiac-surgical missions with the Philippine Heart Center, initially for the surgical treatment of Cambodian children with heart diseases, but the ultimate aim of bringing expertise and work towards a self-sufficient and empowered Phnom Penh Heart Center Staff in Pediatric CV surgery over a 5-years period through specialists training including CV nursing and perfusion.

With strong support of the Department of Health Secretary - Dr. Enrique Ona, the PHC team headed by our Executive Director - Dr. Manuel T. Chua Chiaco Jr., Dr. Gerardo S. Manzo - Assistant Medical Director, Dr. Reynante Gamponia - Pediatric CV Surgery Division Chief, Dr. Juliet J. Balderas - Department Manager, Pediatric Cardiology, and 17 others therefore flew to the Phnom Penh Heart Center, Cambodia for a Surgical Mission last December 7-15, 2013. This was conducted by invitation of Hearts Without Boundaries Founding Chairman - Mr. Peter Chunn, and the Mending Kids International Board headed by President of the Board of Directors, Ms. Laurie Dugan, Ms. Isabel Fox, Secretary and Coordinator



for Surgical Missions, and Ms. Caren Niewish, MKI Director for Surgical Missions, together with other MKI volunteers. (See page 8)

PHC Community Outreach Program

By Eva Teodora T. Sison

The Philippine Heart Center regularly conducts a once-a-month community outreach program called: PEOPLE'S DAY. This activity was headed by the staff of the Division of Nursing Education and Research, and provides free health services through screening and evaluation of both adult and pediatric patients at risk of developing cardiovascular diseases. Through this activity, the PHC's aim of promoting preventive measures through awareness campaign and modification of the identified patients who are identified to have risk factors for developing cardiovascular diseases is achieved.

During our 39th Anniversary Celebration, a total of 89 Adult and 4 Pediatric patients underwent free hospital services as follows: screening and evaluation – complete vital signs were taken, blood sugar and cholesterol determination, electrocardiogram, and assessment of nutritional status; medical consultation, dietary counseling, referral to the Preventive Cardiology for the preventive management, either referral to the Out-patient Department and/or to the Emergency Department if patient need further medical evaluation and management.

The health education forum also featured a very informative lecture about wellness entitled: "Taking the Right Path to a Healthy Lifestyle" and a Cooking Demonstration by the Division of Nutrition and Dietetics, wherein they focused on the proper food preparation.

The PHC is very grateful to friends and partners in the healthcare industry for their participation, thereby, allowing our Institution to reach out to more Filipinos who are in need of these services.

Spiritual Message By Fr. Robert Chua Jr., MI

"Jesus went around to all the towns and villages, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness" (Mt. 9:35)

My heartfelt congratulations to the Philippine Heart Center and all healthcare collaborators of this Institution as we celebrate our 39th Anniversary in serving the sick with "Pusong Nagmamahal Pusong Kumakalinga".

The LORD has a special heart for the sick; He healed out of compassion and love for the suffering person. And yes, He healed as a sign to the people that the Messiah was among them. He did this in order to restore wholeness to humanity, to bring back the harmony and communion with God, within each person and between brothers and sisters.

Remembering the 39 years of following the same spirit in proclaiming the good news and serving the sick in this Institution is indeed a time to be grateful to the Lord for the marvels He has done to His people.

May the Lord continue to bless us as we serve Him through the sick.



PHC TACLOBAN-SAMAR MISSION: "On Being a Blessing and Being Blest"

By Dr. Ina Bunyi

Just before Christmas last year, I went with a group of volunteers, to various barangays in Tacloban and Eastern Samar. I, along with Drs. Annabelle Corres, Jonalyn Redonia and Ada Vinluan and Mr. William Venteres represented the Philippine Heart Center and the Philippine Foundation for the Prevention and Control of Rheumatic Fever/Rheumatic Heart Disease. Ms. Rebecca Pope. a missionary from the BIMI-MMO. also

PHC Extends Help to Yolanda Victims: Samar - Leyte Medical Mission

By Dr. Maria Paz B. Mateo

The Philippine Heart Center - Medical Alumni Society (PHC-MAS) officers and board members lend their services in a medical mission last November 23, 2013, among the victims of the recent strongest typhoon Yolanda (Haiyan) in the history of the Philippines and probably the world, in Tacloban City, Leyte and Sta. Rita, Samar. Three of the PHC-MAS alumni, Drs. Annabelle Corres (Anesthesiologist), Ronald Cuyco (Cardiologist), Jonalyn Redonia (Pediatric Cardiologist) who are natives of these provinces and whose families are victims, spearheaded the medical mission and fund raising of relief goods. It took 2 weeks the aftermath since the preparations have to be done with outmost care. The society is very thankful to all the doctors, to all the donors who gave cash, medicines and goods, to the secretaries Tess, Alou and Glen, and C-130 pilots, who all graciously heeded the call to help the Yolanda victims. The society tied up with the Camillian Congregation for the emergency relief distribution.

God bless the Philippines!



joined us and provided a significant number of needed medications. A personal view versus second hand info from TV and newspapers is always shocking as one witness's first-hand what the devastation is really like. By God's grace we went into professional medical mode and ministered in Tacloban City, Barangay Tanau-an and San Jose, as well as in Bgy. Cagaut Eastern Samar. We saw a total of almost 700 patients. There were a lot of respiratory and gastrointestinal cases; many Hypertensives and dermatologic problems, as well as rheumatologic issues.

After the whirlwind 4-day trip, I was back in Manila the Monday before Christmas. While my brother drove through normal city traffic my view swept over busy Manilans and I could not help but think of how much WE have to be thankful for. The days and weeks that passed have been an exceptional reminder of the need to LOVE one another with an AGAPE love. A love that is patterned after God's...without any conditions attached. A love that transcends personalities, positions or possessions; a love that is willing to ease another's pain at the expense of one's comfort... a love that does not have borders.

I saw and felt the support of a husband who loves the Lord and His people enough to volunteer work time at Villamor Airbase and who supported his wife's Medical Mission and purchased relief goods in behalf of her Medical Society... and many other colleagues who did the same thing.

I saw a Pastor's labor for his people, ferrying relief goods back and forth Cebu- Manila —Tacloban. I heard of others like HIM who thought not of their own selves but hurried to town mates' aid as soon as the fury of Yolanda ceased. I saw a Doctor work around her schedule and finances to share of what she had. I heard her offer her goods and her house to perfect strangers and wondered if I could do the same. I saw our own people and people of other colors, cultures and language who came to give aid. I was part of a team of Medical and Church staff whose heart have all been divinely moved to reach out to the people of Tacloban and Samar, whether it be by packing or sharing of relief goods or of going to the afflicted areas themselves; not because of some grand aim or call for fame but because



we all wanted to serve and have been reminded that we ourselves have at some point or another suffered... or may one day be in their shoes (remember Ondoy?). AND YET NONE OF US HAVE EVEN LOVED THE WAY OUR GOD LOVED or LOVES... our Lord Jesus Christ.

This Heart Month let us remember our Creator who gave us our very breath and our Savior who redeems us spiritually... and gave Philippine Heart Center another blessed year.

Maligayang Anibersaryo sa ating lahat!



Pasuguan ng Pilipinas



Embassy of the Philippines

Phnom Penh

Phnom Penh, 12 December 2013

DR. MANUEL CHUA CHIACO JR. Executive Director Philippine Heart Center East Avenue, Quezon City Philippines

Sir.

The Embassy of the Republic of the Philippines extends its sincere compliments and takes great pleasure for this opportunity to congratulate you and your team from the Philippine Heart Center for the medical mission in Phnom Penh, undertaken in cooperation with Heart Without Boundaries, Mending Kids International, and Calmette Hospital.

The pediatric surgical procedures performed by your medical mission are especially valuable especially since this is a field in which there is a dearth of local expertise.

The Embassy is certain that, in saving and changing the lives of young Cambodians, your medical mission has carved a special place for the Philippines in the hearts and minds of their families and friends.

With the assurances of the highest consideration.

STILL OF THE STILL

Very truly yours,



Сс

Mr. Peter Chhun President Hearts Without Boundaries

Ms. Marchelle Sellers Communications Specialist Mending Kids International

Dr. Nhem Sophoeun Head of Cardiology Department Calmette Hospital



Message from the Cambodia Mission

January 15, 2014

To our friends from the Philippine Heart Center, greetings from Cambodia!

Our early December medical mission created many great memories, and it was the efforts of your amazing, caring medical team from the Philippine Heart Center that made it such an astounding success.

Our gratitude to you is immense. You came to Phnom Penh, solved technical problems, saved lives and gave poor Cambodian families the hope of a bright and healthy future for their children. In the process you shared knowledge and skills with the medical personnel at Calmette Hospital, and the cardiac team at Calmette is still talking about the December successes and the great learning experience, expressing enormous appreciation for the Philippine Heart Center team's hard work.

Your contributions, along with those of Hearts Without Boundaries and Mending Kids International, have inspired the personnel at Calmette to seek to achieve greater heights in their service to the community.

At a dinner arranged by HWB after the mission, Professor Chheang Ra, the new Director General of the hospital, reminded his staff, "We are so lucky to have the great medical team from the Philippine Heart Center work with us and train us." He added, "I want to make a difference in Calmette. I want the Cambodian people to have confidence in our profession."

Our Philippine Heart Center friends, you should be very proud of your team. They made quite an impact on the medical community in Cambodia. I thank your team for that!

And the best news is that we will be returning shortly to build on the solid foundation that your team constructed in December. We are excited that we will meet so soon again and I can report that the leaders at Calmette are ecstatic at the prospect of your two-week summer visit.

Hearts Without Boundaries was established more than eight years ago to bring hope to the poor and medically underserved in Cambodia. We began with a single case and over the years we have organized more than 150 surgeries. The hope that grows from that is exponential – kids' hearts fixed, families' fears allayed, and futures changed from hopeless to bright. Your contributions as our new partner in this mission are beyond measure.

With great appreciation and much respect to all,

Peter Chhun Founding Chairman and President Hearts Without Boundaries

6th WLL Honorary Lecture in Pediatric Cardiology : Univ Cincinnati Director talks on CV Disease Prevention in Children

By Drs. Jhuliet Balderas

Cardiovascular disease among adults dates back 2 decades ago in childhood and early adolescence. On review, the age of adults undergoing coronary artery bypass (CABG) or percutaneous coronary intervention has shifted to 35 - 45 age group. This steers alarming concerns and the CV health risk of the Filipino children has sparingly been emphasized. In the 2005 FNRI-DOH PPS Multisectoral Survey, 3.5% of the 11-19 years are obese. Most are males, bottlefed in infancy, and with history of parental obesity. In a different survey, youth smoking (10-20 years) showed 18.8% of students are current smokers with 14.4% smoking regularly. There was no significant difference in private or public schools. In a cross-sectional study of students ages 6-14, 10% are hypertensive. Among those who are obese, 60% are hypertensive. The fact that we are raising kids with heart disease in the next 20 years becomes real and stimulating talks on CV Prevention comes timely.

In line with the 39th PHC Anniversary celebration, the Department of Pediatric Cardiology recently held the 6th Dr. Wilberto L. Lopez Honorary Lecture last February 11, 2014 with PROF. ELAINE N. URBINA, Director of the Preventive Cardiology of the University of Cincinnati as invited guest . She talked on the current US Recommendation for CV Risk Reduction in Children. Dr. Urbina emphasized need for healthy lifestyle. Diet of children should contain DASH (low Na, rich in fruits and vegetables) style diet.

The honoree, Dr Wilberto L. Lopez , said that current Department of Health data in the 2000-2005 survey shows that in the top ten leading cause of mortality for ages 10-14 years old, diseases of the heart is the third. He then passed the challenge to pediatric cardiologists and leaders of society to draft policies and recommendations for prevention among Filipino children. This was attended by the PHC officials led by Dr. Gerardo Manzo, Philippine Heart Association past presidents and officers led by Dr Jonas Del Rosario, member of PHA Board of Directors; Philippine Pediatric Society officers led by the Vice President Dr. Milagros S. Bautista, Philippine Society of Pediatric Cardiologists led by the President, Dr Magdalena Lagamayo; PHC-Pediatric Cardiology Alumni Foundation led by the President Dr Sheila Refuerzo-Yap, PHC medical staff consultants, fellows and nursing staff, and pediatricians from other institutions.

Love concert at the lobby

By Jeanette Z. Burillo

One of the highlights of the month-long 39th PHC Anniversary Celebration is the Love Concert. This activity is the very first concert series conceptualized by 39th PHC Anniversary Organizing Committee, happens every Wednesdays of the month. As a kicked-off, we are honored to have the very well-known pianist Ms. Elnora Halili who has played various music genres where the audience can relate, especially to a stroke patient whom he said his life was touched by merely listening to the music. Ms. Halili also gave in to her audience's music requests to the delight of everyone. Following weeks, we were serenaded by a repertoire of love songs from no less than PHC Singing Nurses composed of staff nurses and clerks from different units of the Nursing Services Office and the Graphics Symphony of the Noninvasive Cardiology Division which have drawn more and more crowds. Likewise, PHC's pride, the Philippine Heart Center Chorale headed by Archt. Rogelio Caringal with their musical director, Gene Vito walked us down to memory lane with their choice of love songs.

To close the Love Concert Series on Feb. 26, CHORVS MEDICVS (Chorus Medicus) a choral group composed medical students from UERMMMC is scheduled to perform.

Truly an afternoon of musical treat on this love-month, one need not buy expensive concert tickets for right here at the Philippine Heart Center not just a Center for Cardiovascular Care but also a Center of skilled and talented working force where at its finest.

Kudos to the performers and the Organizing Committee!

PHC-Medical Alumni Update 2014

By Dr. Maria Paz B. Mateo

The Philippine Heart Center- Center for Pulmonary Vascular Disorders, The Pulmonary Hypertension Clinic is 5 years old. It was inaugurated last February 20, 2009 and the first clinic of its kind in the Philippines. It is located at the Out-Patient Department of the Hospital under the Division of Pulmonary and Critical Care Medicine and the pulmonary vascular coordinator is Dr. Maria Paz B. Mateo. The clinic time is every Friday at 1:30-4:00 pm. All adult and pediatric patients with disorders pertaining to the pulmonary vasculature are seen. Patients come from referrals from all departments and other hospitals here in Metro Manila and the provinces. Cases that pertain to the pulmonary vasculature like idiopathic pulmonary hypertension or due to other causes, venous thromboembolism, Eisenmenger syndrome due to congenital heart diseases and the like are seen. The Pulmonary Division in cooperation with the Department of Peripheral Vascular Diseases gather together to celebrate the Venous Thromboembolism (VTE) Safety Zone Program during the Philippine Heart Center heart month celebration on February each year aiming to make awareness on the use of preventive measures thru the use of prophylaxis to avert any development of VTE among the medical and surgical patients confined at the hospital. The VTE Safety Zone Team is composed of Drs. Teresita S. De Guia. Teresa Abola and Maria Paz Mateo. The program of activities will commence on February 20. 2014 at the DAPA Hall and include lectures and workshops for all health professionals. There is also a week- long exhibit about VTE every third week of February.

The Philippine Heart Center Medical Alumni Society (PHC-MAS) recently held its 25th Silver Annual Symposium last February 17-18, 2014 at the PHC- DAPA Hall with the theme: "SOS - Standards, Other Concepts Supplements in Cardiopulmonary Disease: Educating Every Health Professional". It has been 25 years since the first post-graduate course on cardiopulmonary diseases was undertaken. The organizing committee headed by Dr. Aurora Gamponia has invited knowledgeable and eloquent speakers who gave very informative and comprehensive talks on their assigned topics. Majority of the alumni, who are the Silver Jubilarians, graduates of fellowship training at the Philippine Heart Center last 1989, participated in the event and served as moderators during the session. This symposium is also part of the Philippine Heart Center heart month-long celebration every February.

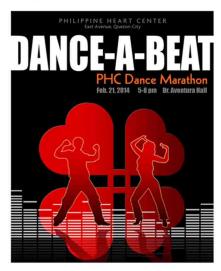
As part of the objective of the PHC-MAS to provide continuing medical education not only to its alumni but also to aspiring cardiologist in the future, the Annual Symposium also conducts its 7th Inter-Hospital Quiz Contest, wherein 38 hospitals from different parts of the country participated. The following are the champions in the said contest: FIRST PRIZE from UP-PGH MEDICAL CENTER – Drs. Deonne Thaddeus Gauiran, Marc Gregory Yu and Alexander Manguba; SECOND PRIZE from OSPITAL NG MAYNILA MEDICAL CENTER – Drs. Edilissa Payumo, Rhonalyn Rucio and Marion Patricio; and THIRD PRIZE from NATIONAL KIDNEY AND TRANSPLANT INSTITUTE - Drs. Mark Lester S. Sy, Jhoanna G. Marcel and Melody C. Atienza.

PHC ROCKS THE NIGHT AWAY

By Dr. Maria Bernadette Azcueta

One of the highlights and most awaited activity of this year's Anniversary celebration is the first-ever Dance Marathon Contest in the Philippines. This event was held last Feb 21, 2014 which started at 6:00pm until 9:00pm at the Dr. Avenilo P. Aventura Hall of the Philippine Heart Center, with the theme: "Dance-A-Beat, PHC Dance Marathon". The affair was conceptualized and spearheaded by Drs. Juliet Balderas and Bernadette Azcueta with the objective of improving the Wellness Program of the center and promoting camaraderie. The event was a big hit as PHC sways and burn the dance floor for 2 hours. A total of 309 participants coming from different generations, both house staff and visitors, shake their fats and flabs with the help of the very energetic dance instructors: Niko Perez, Apple and Lina, and from Slimmer' World – Ms. Tina. The participants became livelier as DJ Bryan of Energy FM hosted and encourage the participants to give their best.

The contest's participants were divided into 3 categories: one hour, 1 1/2- hours, and 2-hours continuous dancing. They were then judged according grace, harmony endurance. The competition was so intense as all the contestants were in high spirits and dancing vivaciously, giving the judges difficulty in choosing the winners. Everybody is considered winner that night because they had fun and were able to burn calories. The winners of the 3 categories were: 1-hour - Almira Cercado, first prize; Jolan Peter Avila, second prize; and Geraldine Silva, 3rd prize. For the 1 1/2 hour



category – Aiko Nepomuceno, first prize; Rylan Ubaldo, second prize; and Kenneth Balbastro, 3rd prize. And finally the grand winners of the 2- hour category: Cural Dacena, first prize; Jon Libunao, second prize; and Irene Cercado, 3rd prize. Monetary and gift certificates were given to the winners. Guest judges were: Drs. Myla Torres, Evelyn Hilario, Virginia Mappala, Denise Ruiz, and Ms Criselle Galang and Mr. Jherick Tay.

Congratulations to all the winners and participants, and organizing committee!

Thank you to all our sponsors and dance instructors! Let us continue dancing our way to a healthy heart!

RACE TO APEC 2015... (cont'd from page 1)

To improve client satisfaction, release of results in all units within 24-hours was mandated with average accomplishment of 91%. Turnaround time for Outpatient laboratory result was decreased from 3 hours to 1.44 hours with 156% accomplishment. The increase in number of patients was contributed by the Department of Adult Cardiology and Allied Medical Services in all Divisions. This brought an overall increase in number of NEW patients in the Outpatient clinics, laboratory, emergency room and in-patients to 20,700 new registrations, 60% from the outpatient clinics and doctor's offices. The Nursing Service in the Medical-Surgical wards units decreased medications errors from 10 to 2 by the end of the year and improved Client - Satisfaction with Increase Nurse-Patient/ Family Interaction from 50% to 89.68% in the Clinical Areas and 99.6% in the Special Areas. Administrative Services Breakthrough to decrease average queuing time at the basement Main Cashier from 20 minutes to 2.16 minutes was achieved with 176% accomplishment (Target is 10 minutes).

PHC Model Employees 2013

By Ms. Jean Wong

Model Contractors:

a. Janitorial Services: Agnes B. Nantizab. Security: SG Vervie D. Dieta

Perfect Attendance: Linda L. Espiritu

Ramo M. Gaspar Emmanuel B. Tan Shiela May P. Molina John Marc Carlos S.Tugonon

Model Frontliners:

a. Administrative: Rodolfo Libunao, Jr. b. Medical: Marvin Z. Nazareta c. Nursing: Genie B. Cabrera

Model Employees:

a. Administrative: Alberto S. Caling b. Medical: Mavelyn V. Agbay Sofia F. Rendon

c. Nursing: Karen Ann N. Escalona

Model Supervisor:

a. Administrative: Julieta D. Blastique

b. Medical: -none-

c. Nursing: Ma. Theresa C. Barrameda

Model House Staff: Melissa R. Cundangan MD

Model Visiting Consultant: Ronaldo H. Estacio, MD

Model Medical Consultant: Renato A. Villanueva, MD

Dangal ng Bayan: Ma. Victoria A. Bautista Model Manager: Juliet J. Balderas, M.D.

22nd DETR ANNUAL FELLOWS AND RESIDENTS RESEARCH COMPETITION ORAL AND POSTER PRESENTATION

The following are the winners for original papers and case reports chosen for the Annual Research Competition for Oral and Poster Presentation by the Department of Education, Training and Research:

ORAL PRESENTATION

1st PRIZE

Areefah A. Adiong, MD (Non-Invasive Cardiology)

2nd PRIZE

Cristito B. Alea, MD (Adult Pulmonology)

3rd PRIZE

Al Zamzam A. Abubakar, MD (Laboratory Medicine)

POSTER PRESENTATION: ORIGINAL PAPER

Consuelo C. Tan, MD (Non-Invasive Cardiology)

POSTER PRESENTATION: CASE REPORT

Christian Allen L. Roxas, MD (Pediatric Pulmonology)

PHC continues to take the "BASTA HEART: HEART CENTER DAPAT!" challenge: Increase New In-Patients from 9000 to 11000 target by December 2014; and, -Increase Client satisfaction from 90% to 93% by December 2014. Next stage PGS Revalida in the Compliance and Proficiency phase will be conducted by September 2014 with external audit by ISA and IGG Board. Good Luck to us all! (OSM report, February 5, 2014).

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39th PHC Anniversary Celebration



PHC Team Goes International... (cont'd from page 2)

Twenty eight patients were helped by the PHC team in 5 days: - 21 underwent surgery and 7 in the intervention group, with a 100% success rate in the immediate postoperative period. The mix of cases done were: 3 ASD Closure (6-22 years old); 7 Tetralogy of Fallot Total Correction (youngest 11 months old); 7 VSD patch closure (youngest was 5 months old, and lowest weight 5kg), 1 TAPVR Correction (8 months old); Atrioventricular Septal Defect with unroofed coronary sinus (7 months old); 1 Mitral valve replacement, and 1 PDA ligation. The pediatric Intervention team did 6 PDA device closures and 1 VSD device closure with Pulmonary Balloon Valvuloplasty. Post-operative care was challenging with the fast turnover of patients in the 7-bed capacity recovery room, and the need to extubate them in 24-48 hours. Fortunately adequate supplies of Milrinone, Iloprost nebulization - in the immediate post-operative period, and sildenafil - maintenance as step down were available. Mr. Peter Chunn and Mr. Chantha Bob - both Cambodians from the Hearts without Boundaries Foundation (based in LA, USA), helped the PHC team in explaining/interpreting the procedures - and obtaining consent from the parents. There was only one report of a mortality of a 5 month old VSD patient with severe pulmonary hypertension 2 weeks post-operatively.

Thanks to the support of Calmette Hospital during our stay headed by Mr. Chin Visa Hospital Administrator, Prof. Chheang Ra - the General Director, Dr Nou Tisopheap - Cardiovascular Surgeon and Dr Ratneary Hav, Pediatric Cardiologist. Worth mentioning also were the nurses of Calmette Hospital, who were very helpful in the post-operative monitoring of all the patients. Though the 5-day surgery was exhaustive, it was fulfilling to see the smiles and tears of joy of the parents as they see their children waking up with new hopes.

Congratulations to the PHC CAMBODIA TEAM MEMBERS: Division of Pedia TCVS: Dr. Merceditas Quinion, Dr. Karyn P. Luna, and Dr. Alex Chan; Department of Pediatric Cardiology Intensivists: Dr. Bernadette Afliccion Azcueta, Dr. Virginia Mappala, and Pediatric Cardiac Interventionists –Dr. Juan Reganion, Dr. Jean Antonio Villareal; Division of CV Anesthesia – Dr. Ma. Luisa Jacildo, Dr. Jennifer Carlos, and Dr. Yvette Go; Perfusionists - Mr. Ryan Sapiandante and Mr. Adrian Dela Cruz; OR Nurses – Head, Ms. Sandra Aquino, Ms. Shirley Anne Pang and Ms. Faith Gutierrez; Recovery Room Nurses- Ms. Lorraine Acad and Ms. Irene Borero, and CV Lab Technician- Mr. Cyril David De Guzman. Just like any other mission, after all the fulfilling surgeries, we ended the mission with a brief tour of the city.

(Note: Mending kids International and Children's Heart Foundation Mending Hearts Program sponsors at least 50 Filipino kids per year at the Philippine Heart center since 2011).

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To all our partners, thank you for your continuing support! God Bless us all!!

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